

Green rose

Well-being ('health examination' tour for seniors) : Themed medical tourism program
'Reminding wedding tour' for seniors

Medical field Dermatology, Dentistry, seniors health examination(including Obstetrics & Gynecology), Korean medicine, Orthopedics, Neurosurgery, Urology

3nights 4days Itinerary



1 Day

▶ **Accommodation** → **Yaksun** → **Dentistry**(optional) - dental test, scaling, conservative treatment.
→ **Dermatology**(optional) - lifting, elasticity surgery program, etc. → **visiting Yangryeongsi museum**
- foot bath in the natural herb water(for 20 minute) - making natural herb products(optional) - natural herb products & health supplements shopping - Ginseng, Red ginseng, Medicinal herb, Gyeongyokgo, Ssaenghwa tea, Natural herb seasoning, etc. → **Ssamgettang** → **Traditional tea house 'Dahyang'**(The oriental medicine & ecological well-being experience center) - experience of Medicinal herb tea & rest → **Suseong Mot Night view.** → **Accommodation, Daegu**

- ※ Foot bath in the natural herb water is not recommended after plastic surgery or dermatological surgery on the same day.
- ※ No food and drink after 21:00 for health examination the next day

2 Day

▶ **Accommodation, Daegu**(breakfast) → **Seniors Health Examination**(optional) -blood test, ophthalmological test, CT, ultrasound. CPR, gastrointestinal test, brain MRI, etc -diet consultation and learning health management - obstetrics& gynecology consultation & treatment. urinary incontinence surgery, etc. → **Korean medicine**(optional) - spine, joint acupuncture treatment. - constitution consultation and treatment. - detoxication therapy - prescription - chuna - moxibustion - steam spa, etc. → **Abalone rice porridge.** → **Donghwas Temple-stay**(temple experience/ temple etiquette)

- ※ no breakfast for health examinee today

3 Day

▶ **Temple-stay** → **Department store /Duty free shop shopping.** → **Daegu**→ **Busan** → **Accommodation, Busan** → **Pork gukbap** → **Riding Diamond bay Mega yacht** - night, Haeundae course → **Haeundae** → **Accommodation, Busan** → **Hotel, Busan**

1 Day

▶ **Accommodation**(breakfast) → **Yaksun** → **Dentistry**(optional) - dental test, scaling, conservative treatment → **Dermatology**(optional) - lifting, elasticity surgery, etc. → **visiting Yangryeongsi museum** - foot bath in the natural herb water(for 20 minute) - making natural herb products(optional) → **Yangryeongsi alley tour** - natural herb products & health supplements shopping - Ginseng, Red ginseng, Medicinal herb, Gyeongyokgo, Ssaenghwa tea, Natural herb seasoning, etc. → **Ssamgettang** → **Traditional** tea house Dahyang(The oriental medicine & ecological well-being experience center) - experience of Medicinal herb tea & resting → **Suseong Mot Night view.** → **Accommodation, Daegu**

- ※ Foot bath in the natural herb water is not recommended after a plastic surgery or dermatological surgery today.
- ※ No food and drink after 21:00 for health examination the next day
- ※ Yeongnam Jeil Gwan Night light up – open: 18:30 ~ 23:00

2 Day

▶ **Accommodation**(breakfast) → **Seniors Health Examination**(optional) - blood test, ophthalmological test, CT, ultrasound, CPR, gastrointestinal test, brain MRI, etc -diet consultation and learning health management - obstetrics& gynecology consultation & treatment. urinary incontinence surgery, etc. - Seniors Health Examination(optional) -blood test, ophthalmological test, CT, ultrasound, CPR, gastrointestinal test, brain MRI, etc. -nutrition consultation, learning health management. - obstetrics& gynecology consultation & treatment. urinary incontinence surgery,etc. → **Korean medicine**(optional) - spine, joint acupuncture treatment. - constitution consultation and treatment. - detoxication therapy - prescription - chuna - moxibustion - steam spa, etc → **Abalone Rice porridge** → **Donghwa Temple-stay**(temple experience/ temple etiquette, etc)

- ※ no breakfast for health examinee today

3 Day

▶ **Temple stay**(including lunch) → **Palgongsan Ole gil Tracking** → **Palgongsan hot spring** → **Haemul pa jeun, Do tory muk** → **Suseong Mot café street, Tea time** → **Accommodation, Daegu**

4 Day

▶ **Accommodation, Daegu.**(breakfast) → **Beauty shop** - make-up, hair styling → **Remind wedding photo** → **Department store /Duty free shop shopping.** (pay your own) → **83 tower night view** → **83 tower restaurant**(83 grill by Ashley) - Dinner& night view. → **Accommodation, Daegu**

5 Day

▶ **Accommodation, Daegu** (breakfast) → **Orthopedics/Neurosurgery**(optional) - spine, joint, pain consultation& treatment. - manual therapy. - varicose vein → **Urology**(optional) - prostate, urinary incontinence consultation& treatment → **Obstetrics& Gynecology**(optional) - urinary incontinence, laser vaginoplasty, etc. → **Department store /Duty free shop shopping.**(optional) → **Daegu** → **Busan** → **Accommodation, Busan** → **Pork gukbae** → **Riding Diamond bay Mega yacht** - night, Haeundae course → **Haeundae** → **Galsanguwi** → **Dalmagil, Tea time** → **Accommodation, Busan**